

HKCU Elite Team - Performance Standard

精英隊 Elite Squad				
Boat	Class / Event	1000m	500m	200m
Kayak (K1)	Men Open	4'15"	2'10"	50"
	Men U23	4'30"	2'20"	1'00"
	Women Open		2'30"	1'10"
	Women U23		2'50"	1'20"
Canoe (C1)	Men Open	4'30"	2'30"	1'10"
	Men U23	5'00"	2'45"	1'30"
	Women Open		2'45"	1'30"
	Women U23		3'05"	1'40"

培訓隊 Regional Squad – Team A				
Boat	Class / Event	1000m	500m	200m
Kayak (K1)	Men Open	4'30"	2'20"	1'10"
	Men U23	4'45"	2'35"	1'15"
	Women Open		2'30"	1'15"
	Women U23		2'40"	1'20"
Canoe (C1)	Men Open	4'45"	2'30"	1'15"
	Men U23	5'00"	2'45"	1'45"
	Women Open		2'50"	1'45"
	Women U23		3'00"	2'00"

培訓隊 Regional Squad – Team B				
Boat	Class / Event	1000m	500m	200m
Kayak (K1)	Men Open	4'35"	2'30"	1'15"
	Men U23	4'50"	2'40"	1'20"
	Women Open		2'40"	1'20"
	Women U23		2'50"	1'25"
Canoe (C1)	Men Open	5'00"	2'40"	1'20"
	Men U23	5'10"	2'50"	1'50"
	Women Open		2'55"	1'50"
	Women U23		3'05"	2'05"

最低達到以上一項標準

Minimum 1 event must meet the above standard